Soft Chicken Tacos  
  
INGREDIENTS  
1 pound boneless skinless chicken breasts, cut into 1-inch cubes  
1 can (15 ounces) black beans, rinsed and drained  
1 cup salsa  
1 tablespoon taco seasoning  
6 fat-free flour tortillas (8 inches), warmed  
Shredded lettuce, shredded reduced-fat cheddar cheese, sliced radishes, chopped tomatoes, sliced green onions and fat-free sour cream, optional  
  
DIRECTIONS  
In a large skillet coated with cooking spray, cook chicken over medium heat until no longer pink. Stir in the beans, salsa and taco seasoning; heat through.  
Spoon the chicken mixture down the center of each tortilla; roll up. Serve with the toppings of your choice if desired. Yield: 6 servings.