Sweet Potato Biscuits

1 C sweet potatoes, mashed

1 T shortening

1 T sugar

½ t baking soda

1 C milk

2 C flour

1 t salt

Beat potatoes, shortening, and sugar together until blended. Dissolve baking soda in milk and add to potato mixture.

Sift flour and salt together, add to the potato mixture. Roll out 1 inch thickness on a floured board. Cut with biscuit cutter. Place on greased baking pan. Bake at 400 ° for 15-20 minutes. Makes 2 dozen biscuits.

-Kathleen Bergold, Kent County